


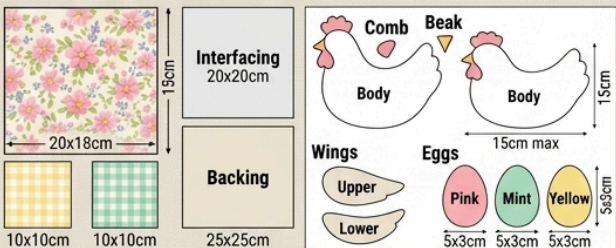
DIY Floral Hen Appliqué Quilt Block – Complete Step-by-Step Tutorial

DIY FLORAL HEN APPLIQUÉ: A US-STYLE QUILTING & SEWING GUIDE



THE FINISHED PROJECT

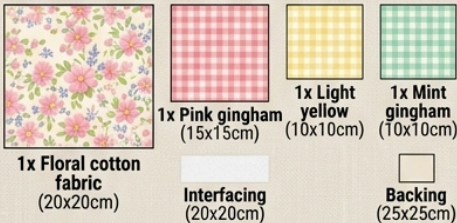
1. MATERIALS & TEMPLATES



Interfacing 20x20cm
Backing 25x25cm
10x10cm 10x10cm
15cm
20x18cm
15cm max
5x3cm 5x3cm 5x3cm
5x3cm

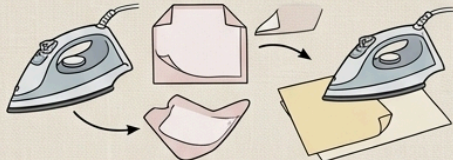
Print full-size templates (provided separately) at correct CM scale.

1. MATERIALS & TEMPLATES



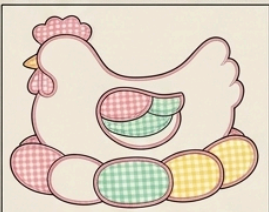
1x Floral cotton fabric (20x20cm)
1x Pink gingham (15x15cm)
1x Light yellow (10x10cm)
1x Mint gingham (10x10cm)
Interfacing (20x20cm)
Backing (25x25cm)

2. INTERFACING & FABRIC PREPARATION



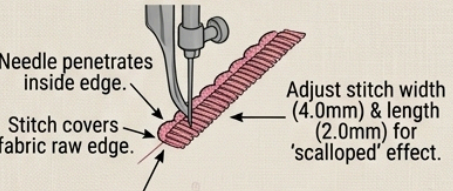
Apply fusible web (e.g., HeatNBond) to the wrong side of each fabric. Trace corresponding template onto the backing paper side.

3. POSITIONING & FUSING



Peel backing paper. Arrange pieces on base fabric. Layer wings correctly. Fuse (press) in place with an iron to secure.

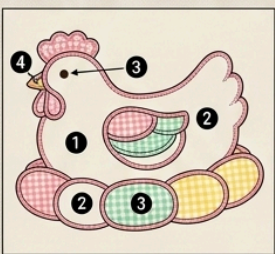
4. THE 'SCALLOPED' APPLIQUÉ STITCH



Needle penetrates inside edge.
Stitch covers fabric raw edge.
Adjust stitch width (4.0mm) & length (2.0mm) for 'scalloped' effect.

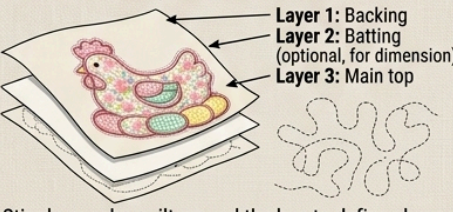
MAIN SEWING METHOD: Dense Appliqué Zig-Zag or Buttonhole Stitch

5. STITCHING THE ELEMENTS



Stitch in order:
1. Main body & eggs.
2. Wings & wing detail line.
3. Comb & wattle.
4. Beak & eye (French knot).

6. US-STYLE QUILT FINISHING



Layer 1: Backing
Layer 2: Batting (optional, for dimension)
Layer 3: Main top

Stipple or echo quilt around the hen to define shape. Main Quilt Method used here is Edge-Fusing + Decorative Appliqué Stitching.

LEGEND: KEY US SEWING & QUILT METHODS

- **FUSIBLE APPLIQUÉ:** Bonding fabric shapes using heat-activated interfacing, then stitching edges.
- **RAW-EDGE APPLIQUÉ:** A method where raw fabric edges are covered with a dense stitch.
- **ECHO QUILTING:** Stitching lines that follow the contours of the appliqué shape.
- **STIPPLE QUILTING:** Random, meandering quilting lines to fill background space.
- **MACHINE EMBROIDERY:** Techniques used for the detailed stitching (eye and comb) when not hand-done.

This detailed tutorial will guide you from start to finish to create a beautiful US-style floral hen appliqué quilt block using fusible appliqué and machine stitching. Follow carefully and you'll be able to recreate the exact project shown in the diagram 🌸🐔

Materials & Templates

Before starting, gather all your materials and prepare your templates at full scale (in centimeters).

You will need:

- 1 piece floral cotton fabric (20 x 20 cm) – for the main body
- 1 piece pink gingham fabric (15 x 15 cm) – for comb and details
- 1 piece light yellow fabric (10 x 10 cm) – for eggs
- 1 piece mint gingham fabric (10 x 10 cm) – for wings and eggs
- Fusible interfacing (20 x 20 cm)
- Backing fabric (25 x 25 cm)
- Fusible web (such as HeatnBond or similar)
- Thread matching your fabrics
- Sewing machine
- Iron
- Scissors (fabric + paper)
- Pencil or fabric marker

Templates to prepare (print at correct size):

- Hen body (max width ~15 cm)
- Comb
- Beak
- Wings (upper and lower)
- Eggs (3 pieces, approx. 5 x 3 cm each)

Make sure everything is printed at the correct scale before cutting ✂️

Interfacing & Fabric Preparation

Start by preparing all your fabric pieces with fusible web.

1. Place the fusible web (paper side up) on your ironing surface.
2. Lay each fabric piece **WRONG SIDE** down onto the adhesive side of the fusible web.
3. Press with a hot iron (no steam) for a few seconds until bonded.

Now transfer your templates:

4. Trace each shape onto the paper side of the fused fabric:
 - Body on floral fabric
 - Comb on pink gingham
 - Wings on mint fabric
 - Eggs on yellow and mint fabrics
 - Beak on a small contrasting fabric
5. Carefully cut out all shapes along the traced lines.

Do NOT remove the paper backing yet.

Positioning & Fusing

Now you will assemble your hen before stitching.

1. Take your base fabric (this will be your quilt top background).
2. Peel off the paper backing from each appliqué piece.
3. Arrange the pieces in this order:
 - Place the main hen body first
 - Add wings on top of the body
 - Position eggs underneath the hen
 - Add comb on top of the head
 - Place beak in front
4. Adjust spacing carefully so everything looks balanced and aligned.

Once satisfied:

5. Press everything with a hot iron to fuse the pieces permanently to the base fabric.

Take your time here—this step determines the final look 

The “Scalloped” Appliqué Stitch

Now it's time to stitch all pieces securely using a decorative dense stitch.

Set your sewing machine:

- Stitch type: Zig-zag or buttonhole stitch
- Stitch width: ~4.0 mm
- Stitch length: ~2.0 mm

How to stitch:

1. Position the needle so it swings just over the raw edge of the fabric.
2. The stitch should:
 - Go slightly inside the fabric edge
 - Then swing outside to cover the raw edge

This creates a soft “scalloped” effect that protects edges and adds decoration.

Go slowly and guide the fabric carefully around curves.

Stitching the Elements (Correct Order)

Follow this exact stitching order for best results:

1. Main body and eggs
 - Stitch around the entire hen body first
 - Then stitch each egg individually
2. Wings and wing details
 - Stitch the wing pieces
 - Add any decorative lines if desired
3. Comb and wattle
 - Carefully stitch around curves at the top of the head
4. Beak and eye
 - Stitch the beak
 - Add the eye using a French knot (hand embroidery) or a small machine stitch

Keep stitches consistent and neat for a professional look ✨

Quilt Finishing (US-Style Method)

Now transform your appliqué into a quilted block.

Layer your quilt sandwich:

- Layer 1: Backing fabric (wrong side up)
- Layer 2: Batting (optional, for dimension)
- Layer 3: Top fabric with appliqué (right side up)

Smooth all layers and secure with pins or clips.

Quilting Options:

1. Echo quilting
 - Stitch lines following the outline of the hen shape
2. Stipple quilting
 - Fill the background with random, flowing stitching

These techniques help define the hen and add texture.

Final Touches

- Trim edges to square your block
- Press lightly to finish
- Optionally bind edges if making a mini quilt

Your floral hen appliqué is now complete 🐔 🌻

Helpful Tips for Success

- Always test stitch settings on scrap fabric first
- Use matching thread for a clean look or contrasting thread for decoration
- Go slow on curves to avoid uneven stitching
- Keep your iron temperature appropriate for cotton fabrics